

## Kitchen Sink Quilting ~ The Art of Making Do with Maria Shell Quilt National 2021 Workshop

*Notes on Kitchen Sink Quilting: The idea behind this workshop is that leftovers can make great quilts if you are willing to use them. I will start the workshop with a lecture and visuals demonstrating how I, and my students, have used the design wall to create exciting original work based on leftover materials. From there, you will be putting your leftover blocks up on the design wall, and with my help, begin the process of creating new work.*

*This is a recommended supply list, if you don't have the EXACT ruler or supplies please don't stress about it. We will make it work! What is important is not the supplies, it is showing up and having a willingness to experiment with patchwork.*

**Tools & Materials List:** (participants are responsible for providing their own materials from this list)

### **Tools:**

- Sewing machine with a straight stitch and a quarter-inch foot and/or the ability to create a quarter inch seam. (A quarter inch foot with a flange will not work for improv stitching.)
  - Rotary cutter with a sharp new blade (60mm if you have one). I prefer this particular rotary cutter because it gives me good visibility and control when cutting improvisationally
  - Rotary rulers including a 4" by 14" Omnigrid makes one...  
<https://www.amazon.com/Omnigrid-4-Inch-14-Inch-Quilters-Ruler/dp/B0011QH3H8>
  - Rotary Mat
  - Basic quilting supplies including straight pins, seam ripper, neutral thread, scissors and snips
  - Stiletto
  - Measuring tape
  - Small sticky note pad
  - Paper and/or notebook and/or draft paper for making notes, sketches, and drawings about your quilt.
  - Painters Tape (if you have it)
  - Calculator
  - Design wall (a large piece of flannel or batting works fine) HIGHLY RECOMMENDED
- Digital camera or cell phone with the ability to take pictures

### **Fabrics:**

- A small box, suitcase, or plastic tub of fabric you currently own. This box should measure approximately 16' x 10" x 10"
- Yard, 1/2 yard, and fat quarters or larger are best, but scraps will work too.
- Try for a mix of large, medium, and small prints and for a variety of colors in both light, medium, and dark values. Having a wide variety of fabric colors, values, and prints is very important.



- Ideally you will have some fabric from the entire color wheel and some neutrals too!

**Homework:**

- Approximately NINE random quilt blocks. These blocks can be any size or shape. They can be made especially for this class OR left over blocks from other quilts. If you are in a pinch, novelty prints where you can isolate the image and cut it out can also serve as a quilt block.
- Strip sets & left over bits from other quilts.
- If you can, you should also make up some “bits”. “Bits” are small size blocks in simple patterns. Four and nine patch blocks, pinwheel blocks, flying geese blocks, and rail fence blocks are all good to bring.
- SIZE DOES NOT MATTER. Do not go crazy making things beforehand, as your quilt is going to change as you make it, but do try to come with some pre-pieced blocks. This will help you get started.